## What are the Benefits of ECFE?



## For Parents & Families:

- Information on child development
- Strategies for effective limit-setting and teaching
- Strategies for balancing work & family & managing stress
- Familiarity with community resources for families with young children
- Comfort with schools and understanding the parent's role in supporting kindergarten readiness and long-term school success
- Focused time for parents and children to learn & explore in an early childhood environment.

## For Schools & Communities:

- Parents who have positive connections to schools and other community programs
- Parents who are engaged and ready for leadership in schools
- Enhanced social connections and informal support between families in the community
- Community norms for appropriate and effective discipline for young children